

# C.V. HANNAH LAUSTIOLA FRYDMAN



## Profile

- Excellent analytical ability
- Both independent and team worker
- Outstanding diplomatic skills
- Specifically good knowledge in human rights, international conflicts and the Middle East
- Splendid communication skills, both orally and in writing
- Experience in Microsoft Office, tools for online publication, digital channels and social media
- Experienced in delivering written reports and other materials under time pressure
- Fast learning ability
- Experience from living abroad, e.g. from a conflict zone

## Work experience

**2017/08 – Programme Officer, Parliamentary Forum on Small Arms and Light Weapons (SALW)**

Offering policy support to a global network of parliamentarians from over 80 countries across party lines, related to their small arms work and the wider disarmament agenda. This includes conducting research and exploring new areas for policy-making, arranging and moderating seminars, communicating in social media, drafting speeches, briefings and composing reports. Donor applications and outreach is also part of the duties.

**2017/04 – 2017/07 Communications Manager, The National Council on Swedish Youth Organisations (LSU)**

In charge of the over-all strategic planning concerning communication and public relations as well as handling of the website, newsletter and social media channels. *Learnings: Deepened knowledge in strategic communication.*

**2015/05 – 2016/09 Advocacy Officer, Amnesty Sweden**

Responsible for all advocacy work and the representative of the Swedish section in the relations with the government, parliament and foreign embassies. Cooperation with other NGOs was part of the duties. Member of the gender mainstreaming group of the workplace as well as part of the group that led the work with forming a long-term strategy for the years 2016-2027. *Learnings: Knowledge about the workings of the political system in practice, e.g. decision making processes and the interplay between state and civil society.*

**2011/01 – 2015/04 Secretary of the Board & Project Manager, Amnesty Sweden**

Duties included offering strategic support to the board, planning of board meetings, agenda setting, taking the minutes as well as writing and quality assurance of reports to the board. Acted as intermediary between board and management. Project Manager of the section's three day long Annual General Meeting with approximately 200-300 participants, coordinating a substantial number of employees and volunteers. *Learnings: To merge shifting interests and wishes with sensibility under time pressure, as well as the importance of remembering that "the devil's in the details".*

## 2010/01 – 2010/12 Different short time employments, Amnesty Sweden

**District Coordinator:** Qualitative support to the activists in the biggest district of Swedish Amnesty, with approximately 26 000 members, including helping them in the realisation of their ideas for projects and campaigns as well as support to the District Board. *Learnings: To evaluate the feasibility of different ideas.*

**Project Manager of the "Election Campaign Booth" in Stockholm:** In charge of the daily activities in the election campaign booth ("valstuga"), including conducting advocacy meetings with candidates to parliament as well as coordinating volunteers. (The booths, "valstugor", are commonly used by parties to inform the public about the party's viewpoints before upcoming elections). *Learnings: Adjusting my arguments to the interlocutor.*

**Secretary of the Board:** Six months as substitute on the position I was later offered, see above.

## Education

**2013-2014 M.A. Public Policy: Conflict Resolution and Mediation, Tel Aviv University**  
Including courses in: International Law; Humanitarian Aid; The History of the Middle East and the Arab Israeli Conflict; Political Perspectives on Conflict Resolution. Separate certificate in Mediation.

**2009 B.A. Political Science, Stockholm University**  
With minors in: Social Anthropology, International Conflict Studies (Uppsala University) and Introductory Course in Law. Thesis on the UN Security Council and the "Responsibility to Protect".

**2005 Spanish course at Academia Mester, Granada, Spain.** Spring semester.

**2004 Studies at Macquarie University, Sydney, Australia.** Autumn semester.  
Courses mainly in International Politics, e.g. "African Politics and Globalisation" and "EU and Islam".

## Internships and volunteer work

**Internships:** Autumn 2009, Amnesty International Swedish Section, advocacy work. Autumn 2008, Médecins du Monde Swedish Section, administration and support at the clinic for irregular migrants.

**Volunteering:** Amnesty Sweden, 2001-10: Member of the Action Group Against the Death Penalty, arranged seminars and gave lectures on the death penalty in high schools; sent as delegate on behalf of the section to the World Congress Against the Death Penalty in Paris 2007; 2008-10 member of the District Board of Stockholm. Volunteer at Stockholm International Film Festival 2002-03 and 2006-11, various tasks, including as "Guest Host" for the international guests of the festival.

## Languages

**English:** Speaks and writes fluently (I have a TOEFL-certificate); **Spanish:** Speaks and understands well; **German:** Understands quite well, speaks some; **Italian** and **Hebrew:** Understands and reads/writes a little; **Yiddish:** Sing songs.

## Other

- **Board member**, Swedish Amnesty Fund, since May 2017.
- Part of the **Foreign Policy Association** at Stockholm University throughout my studies.
- **Review books and films** for *Amnesty Press* with more than 100 000 subscribers.
- **Board member** in the labour union at Amnesty, 2012-13 as **negotiator**, during 2013 as **vice chair** as well. Took a course in labour rights.